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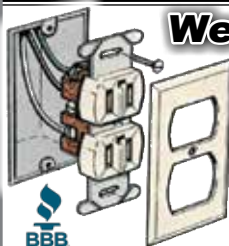
Hiral K. Shah MD
Medical Director

FEBRUARY • 2023

Lake Highlander

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>MARCH</div> <div>S M T W T F S</div> <div>1 2 3 4</div> <div>5 6 7 8 9 10 11</div> <div>12 13 14 15 16 17 18</div> <div>19 20 21 22 23 24 25</div> <div>26 27 28 29 30 31</div>			<div>1</div> <div>9:30 am – Aqua Aerobics</div> <div>6 pm – Men's Poker</div>	<div>2</div> <div>9:30 am – Aqua Aerobics</div> <div>6:45 pm – Euchre in Library</div> <div>7 pm – Card Bingo</div> <div>Groundhog Day</div>	<div>3</div> <div>9:30 am – Aqua Aerobics</div>	<div>4</div> <div>9:30 am – Coffee Hour</div> <div>6-9 pm -- Lanai Party</div>
<div>5</div> <div>6:30 pm – “31” in card room</div>	<div>6</div> <div>9:30 am – Aqua Aerobics</div> <div>10 -11:30 – Tai Chi</div> <div>6 pm – Men's Poker</div> <div>Shuffleboard - Riviera at LH</div> <div>7 pm -- Shuffleboard Meeting</div>	<div>7</div> <div>9:30 am – Aqua Aerobics</div> <div>9-10 am – Bible Study</div> <div>11:30 am -- Bowling</div> <div>7 pm – Bingo</div>	<div>8</div> <div>9:30 am – Aqua Aerobics</div> <div>6 pm – Men's Poker</div>	<div>9</div> <div>9:30 am – Aqua Aerobics</div> <div>9-10 am – Pancake Breakfast</div> <div>10 am – LHRO Board Meeting</div> <div>6:45 pm – Euchre in Library</div> <div>7 pm – Card Bingo</div>	<div>10</div> <div>9:30 am – Aqua Aerobics</div>	<div>11</div> <div>9:30 am – Coffee Hour</div>
<div>12</div> <div>6:30 pm – “31” in card room</div> <div>Lincoln's Birthday</div>	<div>13</div> <div>9:30 am – Aqua Aerobics</div> <div>10 -11:30 – Tai Chi</div> <div>6 pm – Men's Poker</div> <div>Shuffleboard TOURNAMENT at Golden Acres</div> <div>7 pm – Social Club Board Meeting</div>	<div>14</div> <div>9:30 am – Aqua Aerobics</div> <div>9-10 am – Bible Study</div> <div>11:30 am -- Bowling</div> <div>7 pm – Bingo</div> <div>Valentine's Day</div>	<div>15</div> <div>9:30 am – Aqua Aerobics</div> <div>6 pm – Men's Poker</div> <div>4-6 pm – Wine & Cheese</div>	<div>16</div> <div>9:30 am – Aqua Aerobics</div> <div>8-10 am - Pancake Breakfast</div> <div>6:45 pm – Euchre in Library</div> <div>7 pm – Card Bingo</div>	<div>17</div> <div>9:30 am – Aqua Aerobics</div>	<div>18</div> <div>9:30 am – Coffee Hour</div>
<div>19</div> <div>6:30 pm – “31” in card room</div>	<div>20</div> <div>9:30 am – Aqua Aerobics</div> <div>10 -11:30 – Tai Chi</div> <div>6 pm – Men's Poker</div> <div>Shuffleboard – Alcove at LH</div> <div>President's Day</div>	<div>21</div> <div>9:30 am – Aqua Aerobics</div> <div>9-10 am – Bible Study</div> <div>11:30 am -- Bowling</div> <div>7 pm – Bingo</div> <div>Mardi Gras</div>	<div>22</div> <div>9:30 am – Aqua Aerobics</div> <div>6 pm – Men's Poker</div> <div>7 pm – Newcomers Party</div> <div>Ash Wednesday</div> <div>Washington's Birthday</div>	<div>23</div> <div>9:30 am – Aqua Aerobics</div> <div>6:45 pm – Euchre in Library</div> <div>7 pm – Card Bingo</div>	<div>24</div> <div>9:30 am – Aqua Aerobics</div>	<div>25</div> <div>9:30 am – Coffee Hour</div> <div>10 am – Cornhole Cookout</div>
<div>26</div> <div>6:30 pm – “31” in card room</div>	<div>27</div> <div>9:30 am – Aqua Aerobics</div> <div>10 -11:30 – Tai Chi</div> <div>6 pm – Men's Poker</div> <div>Shuffleboard – LH at Regency</div>	<div>28</div> <div>9:30 am – Aqua Aerobics</div> <div>9-10 am – Bible Study</div> <div>11:30 am -- Bowling</div> <div>7 pm – Bingo</div>				

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